

School Wellness Policy

Annual Report Checklist

District Name: Cityscape Schools, Inc.
 Contact: Dr. Billy Ferrell

Date: 9/16/2016
 School: East Grand Preparatory

School Wellness Advisory Group

Does the school have one?	Yes	The SHAC functions as the school wellness advisory group.
Worked to maintain, revise, implement, assess, and monitor the policy?	Yes	Group changed from previous year.
Participants?	Yes	Board member, Medical Assistant, Community Health Assistant, District Admin, Campus Admin, Cafeteria Manager, NSLP Coordinator, Coach, Teacher
Participation promoted and encouraged?	Yes	Website, parent letters
Policy Passed?	Yes	9/16/2013
Last time goals presented to the board?	Yes	10/7/2016

School Meals Programs

Participation	Yes	Breakfast and Lunch programs
School Nutrition Coordinator	Yes	Caterer Provides
Programs?	Yes	Breakfast and Lunch
Vending machines, School Stores, Fundraisers, Concessions, Ala carte	N/A	None of the venues are provided at the school.
Nutritional Requirements met	Yes	
Potable water made available to students throughout the day	Yes	
Advertising for products	N/A	
Students encouraged to participate	Yes	
Identities protected	Yes	
Students involved in meal planning?	No	Not at this time. Vendor used to prepare meals.
School lunch is scheduled as close to the middle of the school day as possible.	Yes	

Foods and beverages are not offered as a reward for students' performance or behavior.	Yes	
Food and beverages made available at classroom parties meet the Smart Snacks criteria.	In progress	
Healthy eating behaviors encouraged by cafeteria and school staff.	Yes	
All foods available during the school day are offered to students that promote health and reducing childhood obesity.	Yes	
Community garden?	No	Insufficient space, but work in the community garden across the street.

Physical Education

Meets National Association for Sport and Physical Education recommendation of 150 minutes/week	Yes	Provide 30 minutes/day
25 minute requirement of physical activity per week noted in our wellness policy?	Yes	
All students are required to participate in physical education?	Yes	Minimum of 45 minutes/week
Noted in our wellness policy?	Yes	
High school?	N/A	School does not support these grade levels
Written grade is reported for all students in PE.	Yes	

Physical Activity

20 minutes of recess each day?	Yes	
Recess is provided after lunch?	Yes	

Recess is provided outdoors when possible?	Yes	
Indoor facilities provided during inclement weather?	Yes	
Equipment is inspected?	Yes	Equipment is inspected at the kitchen where the food is prepared.
Facilities inspected	Yes	City of Dallas inspects twice a year.

Communication with Parents

Annual communication with parents?	Yes	Last letter: 10/10/16
Provide parents and public with information on healthy foods that meet the USDA Smart Snacks requirements.	Yes	
Nutrition content available to families.	Yes	
PE and physical activity opportunities available?	Yes	

Monitoring, Compliance, and Evaluation

Compliance: Dr. Billy Ferrell

Timeline for implementation of the Wellness Policy: 3 years

Wellness Policy reviewed annually for progress in achieving goals and updates of standards, rules, or regulation.